

SUMMIT CHARTER SCHOOL

May 2017

HOT LUNCH

Price: Student - \$3.50 Adult - \$3.60

SERVED DAILY

Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
Fresh Veggies- Carrots, Broccoli, Cucumbers, OR Celery
 Low Fat Dressing/Dip
Fresh Fruit - Apple, Orange, Cantaloupe, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
1st	2nd	3rd	4th	5th
Vegetable Beef Stew Corn Muffin Salad, Veggies, Fruit, Milk	Chicken Mostaccioli Soft Breadstick Salad, Veggies, Fruit, Milk	Salisbury Steak Deli Coleslaw & Roll Salad, Fruit, Milk	Santa Fe Chicken Wrap Refried Beans Salad, Veggies, Fruit, Milk	Meatball Hoagie Potato Salad Veggies, Fruit, Milk
8th	9th	10th	11th	12th
White Chicken Chili Southern Biscuit Salad, Veggies, Fruit, Milk	Italian Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk	Chicken Kofta Brown Rice Salad, Veggies, Fruit, Milk	Beef Enchilada Bake Pinto Beans & Roll Veggies, Fruit, Milk	Buffalo Chicken Sandwich Potato Wedges Salad, Fruit, Milk
15th	16th	17th	18th	19th
BBQ Meatball Hoagie Potato Salad Salad, Fruit, Milk	Chicken Alfredo Garlic Breadstick Salad, Veggies, Fruit, Milk	Beef & Bean Chili Tortilla Chips Salad, Veggies, Fruit, Milk	Chicken Fajita Wrap Black Beans Veggies, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
22nd	23rd	24th	25th	26th
Vegetable Beef Soup Corn Muffin Salad, Veggies, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk	BBQ Chicken Leg Steamed Corn & Biscuit Veggies, Fruit, Milk	Soft Shell Beef Taco Refried Beans Salad, Fruit, Milk	Italian Chicken Sub Carrot Slaw Salad, Fruit, Milk
29th	30th	31st		
Chicken Vegetable Soup Dinner Roll Salad, Veggies, Fruit, Milk	Pasta w/ Meatballs Soft Breadstick Salad, Veggies, Fruit, Milk	Teriyaki Chicken Leg Steamed Corn & Biscuit Salad, Fruit, Milk		

BREAKFAST

Price: \$1.85 Adult - \$2.00

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry
Fruit - Apple, Orange, Banana, Raisins, Applesauce
 Variety of Milk, including Skim

Banana muffin, String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Milk	Banana muffin Fruit Yogurt Fruit, Juice, Milk	Bagels Cheese Cream Fruit, Juice, Milk
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SNACK

Price: No Charge

Gold Fish Fruit Juice	Animal Crackers Fruit Juice	Rold Gold Fruit Juice	Chix Mix Fruit Juice	No Snack Early Release
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

"Healthy Food, Healthy Message"

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 612-876-3050 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com